





# July Menu



| Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|--|--|---|--|--|
| 2  | 3  | 4   | 5  | 6  |
| Roast Beef<br>Mashed Potatoes<br>Corn O'Brien<br>Cinnamon Applesauce<br>Cookie | Hamburger<br>Baked Beans<br>Calico Coleslaw<br>Pears                     | <br>Happy 4th of July! | Country Patty<br>Red Potatoes<br>Carrots<br>Peaches  | Chicken Salad<br>Potato Salad<br>Broccoli Salad<br>Mixed Fruit   |
| 9  | 10   | 11  | 12   | 13   |
| Chef Salad<br>Macaroni Salad<br>Wheat Bread<br>Peaches                         | Italian Pork Loin<br>Sweet Potatoes<br>Peas<br>Applesauce                | BBQ Chicken Drumstick<br>AuGratin Potatoes<br>Broccoli<br>Pears<br>Cookie                                 | Sloppy Joe<br>Potato Wedges<br>Cabbage & Carrots<br>Mixed Fruit  | Beef Hot Dog<br>Baked Beans<br>Mixed Vegetables<br>Apple   |
| 16   | 17   | 18  | 19   | 20   |
| BBQ Pork<br>Pinto Beans<br>Succotash<br>Applesauce                             | Creamed Chicken<br>Biscuit<br>Corn<br>Carrots<br>Mixed Fruit             | Meatball Sub<br>Potato Wedges<br>Green Beans<br>Grapes  | Chef Salad w/ chicken<br>Macaroni Salad<br>Peaches<br>Roll   | Roast Beef<br>Mashed Potatoes<br>Carrots<br>Peaches  |
| 23   | 24   | 25  | 26   | 27   |
| Honey Lemon Chicken<br>Baked Potato<br>Stewed Tomatoes<br>Cinnamon Applesauce  | Beef Taco Salad<br>Black Bean & Corn Salsa<br>Dinner Roll<br>Mixed Fruit | Spaghetti / Meat Sauce<br>Peas<br>Zucchini & Summer squash<br>Pears                                       | Roast Turkey Breast<br>Sweet Potatoes<br>Corn<br>Apple<br>Cookie   | Beef Teriyaki Stir Fry<br>Rice<br>Broccoli<br>Pears  |
| 30   | 31   |   |  |  |
| Hamburger<br>French Fries<br>Broccoli & Cauliflower<br>Peaches                 | Marinated Pork Loin<br>Sweet Potatoes<br>Peas<br>Applesauce              |                      | <b>LUNCH SERVED</b><br><i>Week days</i><br><b>11:30am. – 12:15pm.</b><br><b>Senior Donation \$3.50</b><br><b>All others \$5.00</b> | <b>For Reservations:</b><br>(419) 626-2560 or<br>1-800-701-3221<br><u>For meal content please</u><br>contact the Senior Center |

\*Milk & Dinner Roll (or bread) are served with each meal