

Erie County Senior Center  
620 East Water Street  
Sandusky, OH 44870



Hours:  
Monday - Friday  
8:00 am – 4:30 pm

*Sponsored in part by Title III of the Older Americans Act administered through the Ohio Dept. on Aging, the Area Office on Aging of Northwest Ohio, and Erie Metropolitan Housing Authority.*

**THE BEST OF LIFE**

*ECSC*

## Erie County Senior Center

620 East Water Street  
Sandusky, OH 44870  
419-626-2560 or 1-800-701-3221

### Coming Events

- 6/4 & 5 Flea Market
- 6/12 Euchre Tournament
- 6/19 Trip: Breakfast at the Meadows
- 6/17 Auxiliary Potluck
- 6/21 Senior Auxiliary BBQ
- 6/25 Bake Sale
- 6/26 Trip: Toledo Mudhens Game
- 6/28 Trip: Liberty Aviation Museum



Newsletter sponsored in part by  
**Sandusky City Schools**

<http://www.eriesenior.org>

*June 2018*

## Daily Activities

- Mondays:** 8:00 A.M. Ceramics  
 9:00 A.M. Euchre  
 12:00 Noon Bingo  
 12:30 P.M. ACBL Duplicate Bridge  
 5:00 P.M. Tai Chi
- Tuesdays:** 10:00 A.M. Chair Exercise Class  
 10:00 A.M. Knitting & Crocheting  
 1:00 P.M. Hand & Foot Game
- Wednesdays:** 10:00 A.M. Yoga  
 1:00 P.M. Hand & Foot Game  
 4:30 P.M. Tai Chi Exercise
- Thursdays:** 10:00 A.M. Chair Exercise  
 10:00 A.M. Bible Study  
 1:00 P.M. Hand & Foot Game
- Fridays:** 8:00 A.M. Ceramics  
 12:30 P.M. Dart Ball  
 12:30 P.M. ACBL Duplicate Bridge  
 1:00 P.M. Dominoes

2<sup>nd</sup> & 4<sup>th</sup> Tuesdays – Free Health Screening  
 3<sup>rd</sup> Sunday – Auxiliary Potluck (March – Nov.)



**Dominos**  
Fridays at 1:00 pm



## Dartball Highlights

- 4/13/18**
- 1<sup>st</sup> Game:** North 10 South 4    **2<sup>nd</sup> Game:** North 4 South 2  
**H.R.** Karen 6, Jackie, John 3, Bettie, Len 1  
**RBI.** Karen 6, John, Jackie 4, Len, George 2, Nancy, Bettie 1  
**AVE.** John, Karen 713, Jackie 510, Ed 412, George 390,  
 Nancy 212, Len 211, Jim 210
- 4/20/18**
- 1<sup>st</sup> Game:** North 3 South 1    **2<sup>nd</sup> Game:** North 8 South 5  
**H.R.** Karen, Nancy, Len, Tom, Ann, Jim 2, Lynn 1  
**RBI.** Len 3, Karen, Nancy, Lynn, Tom, Ann, Jim 2, Bettie, Ed 1  
**AVE.** John 409, Lynn 408, Bettie 309, Len 309, Tom 308,  
 Ann 308, Ed 210, Karen 209, Nancy 209, Jim 208,
- 4/27/18**
- 1<sup>st</sup> Game:** North 2 South 3    **2<sup>nd</sup> Game:** North 5 South 4  
**H.R.** Jackie, Len, Donna 2, Joanne, John, Carol, Jim 1  
**RBI.** John, Len 3, Donna, Jackie 2, Nancy, Carol, Jim, Joanne 1  
**AVE.** Joanne 490, John 410, Len 390, Ed 390, Donna 310,  
 Nancy 290, Jackie 210
- 5/4/18**
- 1<sup>st</sup> Game:** North 1 South 2    **2<sup>nd</sup> Game:** North 4 South 2  
**H.R.** Jackie 2, John, Bettie, Joanne 1  
**RBI.** Nancy, Jackie 2, John, Bettie, Kay, Ann, Joanne 1  
**AVE.** John 375, Jackie 370, Ed 360, Bettie 280, Nancy 260

### Players

- Anna Braden
- Donna Garwood
- Carol Grubb
- Len Johnson
- Bettie Kane
- John Kinn
- Hank Lasch
- Joanne Lee
- Ann Lococo
- Kay McClusky
- Jim McGill
- Jackie McGill
- Tom Ritzenhaler
- Helen Steele
- Nancy Swanson
- Ed Todd
- Karen Tolliver
- Lynn Walker
- George White
- Betty Zolman

419-626-2560 or 1-800-701-3221

## June Birthdays



### June 1

Lynda Klose

### June 2

William Strong  
Jimmy Csanyi

### June 3

Joan Lopo  
William Marks  
Norman Stierhoff  
Rudi Agee

### June 4

Beverly Roberts

### June 5

John M. Clark

### June 6

Jerry Rosa  
Ellen Butler  
Desidoro Morin

### June 7

Claudia Siciliano  
Velma Brown  
Carol Zoll  
Joseph Blake  
Julie Zickefoose

### June 8

Ralph Puskat  
David McCormick  
Mary Ann Chimera

### June 9

Louise Gildenmeister  
Lucille Miller  
Randolph Yancy

### June 11

Betty Hurlahe

### June 12

Betty Bell  
May McClure  
Martha Shample

### June 13

Rose Marie Jonas

### June 14

Lois Schwerer  
Janet Keller

### June 15

George See  
Tony Matthews  
Kim Gadd

### June 16

Dorothy Ochs

### June 18

Laird Myers  
Terry Brosnan  
Joyce Giese

### June 19

Gwen Alexander  
Darrell Hurlbert

### June 20

Daniel Lauber

### June 21

June Schell  
Sam Frank  
Anna Coe

### June 22

Helen Smith  
Barbara Stephens  
Sherry Keith

### June 23

Judi Andres

### June 24

Bertha Ramsey

### June 25

James Siebold  
Mary Rezabek

### June 27

Mike Holliday  
Margaret Lieb  
Shirley Seville  
Charles Ulmer  
Roger Karr

### June 29

Lorene Andres  
Margaret Close  
Carol Spayd  
Joshua Clark

### June 30

Sue Algeo  
Mary Lee Thayer  
Robert Proy



## June Luncheon Programs

*All Programs begin at noon*

- 1 Bingo with Portland Place
- 5 "Name that Tune" game with Bev Mix
- 6 Nutrition news with Donna Green
- 7 Jackpot Game
- 8 Flag Day Trivia with Frankie & Ronnie, FRMC
- 12 Trivia with Providence Care Center
- 13 "What is Frontotemporal Degeneration?" - Kathleen Bablasz
- 14 Bingo sponsored by Senior Center Auxiliary
- 15 Bingo with Concord Care
- 19 Games with Admiral's Pointe
- 20 Advertising Game with Alternative Care Center
- 21 "New Shingles Vaccine" – Ryan Marten, Sam's Pharmacy
- 22 Line Dancing
- 26 Trivia with Providence Care Center
- 27 Birthday Bingo
- 28 "That's It!" game
- 29 Trivia with Commons of Providence





### Trips & Adventures

#### Toledo Mudhens Game

Tuesday, June 26  
Only \$25



Charter bus, good seats, lunch included

#### Cleveland Indians Games

Thurs., August 9 vs Minnesota Twins  
Wed., Sept. 5 vs Kansas City Royals



Each Indians Game includes Club seats,  
all the food you can eat, deluxe charter bus.

\$85 per game



#### Liberty Aviation Museum

Port Clinton, Ohio

Thursday, June 28  
Leaving the Senior Center at 1:00 pm

Cost: \$10

In collaboration with Firelands Regional Medical Center 55+ Club:

#### Grove City Premium Outlets

November 8

Motor coach transportation from Sandusky  
Shop at over 130 brand name outlets  
Coupon book  
Tax-free status on most clothing  
Room under bus to store your purchases

\$42

Depart from Firelands Dialysis Center (West lot) at 7:15 am  
Return time approximately 8:00 pm

### Cleaning



- |         |          |           |
|---------|----------|-----------|
| BLEACH  | REDO     | SPONGE    |
| BRUSH   | REFINISH | SPRAY     |
| BURNISH | REMOVE   | STARCH    |
| HOSE    | REPAIR   | SWEEP     |
| IRON    | REPLACE  | TIDY      |
| MEND    | SCOUR    | VACUUM    |
| PAINT   | SCRUB    | VARNISH   |
| POLISH  | SHINE    | VENTILATE |
| RAKE    | SOAK     | WHITEN    |



## Volunteers Needed

The **Meals-On-Wheels** Program is in need of a few more hands.



Could you help out one day per week from 10:30 am to noon? This is a great activity to participate in with a friend, and enjoy some true quality time together.

## Memorial Donations

### Donor:

Karen & Charles Rutger  
Anna Dunn  
Cathie Littlejohn

### In Memory of:

Dorothy Lipp  
Dorothy Lipp  
Dorothy Lipp

## Other Donations

Karen Rutger  
Bob Stacey  
Helen Steele

Bingo Prizes  
Bingo Prizes  
Bingo Prizes

# Thank-you!

## Ice Cream Trips

June 6 Pied Piper

June 20 Cobb's

June 27 Golly Gee



Free Transportation!

Just bring money for ice cream

Leaving from the Senior Center at 1:00 pm



## What is the Senior Auxiliary and what does it do?

All current members and anyone considering becoming a member are invited to attend a "Welcoming Picnic" where you can learn all about the Auxiliary, how to join, what they do, and more.

Date: Thursday, June 21

Time: 4:00 pm – 5:30 pm

Location: Senior Center Dining Room

Featuring: fresh grilled hot dogs, coney dogs, ice cream



### Ark Encounter & More

June 11 – 15

Visits the Creation Museum, Ark Encounter, Newport Aquarium, Cincinnati Zoo & Gardens

\$550 pp (based on double occupancy)

### Breakfast at the Meadows



June 19

Leaving the Center at 8:15 am

\$2 transportation fee

### Alaska Cruise: Sept. 22 – 30, 2018



Travel aboard the incredible “Norwegian Pearl”, with its onboard casino, bowling alley, spa, & more.

Includes airfare to Seattle, 1 night stay in Seattle, Guided tour of Seattle, all Shipboard meals.

Cost: \$2499 pp outside cabin  
\$2999 pp balcony cabin

Complete details available at the Senior Center

### Ham & Biscuit Strata

2 already baked Pillsbury Grands biscuits

1/2 cup diced cooked ham

2 eggs

1/2 cup milk

1/8 teaspoon pepper

1/2 cup shredded cheddar cheese



Preheat oven to 350 degrees.

Cut each biscuit into 1-inch pieces. In medium bowl, beat eggs, milk and pepper with whisk until blended.

Stir in ham, cheese, and biscuit pieces.

Let stand 5 minutes.

Spoon into greased loaf pan (9” x 5” or 8” x 4”)

Bake 25 to 30 minutes or until edges are light golden brown and center is set. Let stand 5 minutes before serving.

### Newsletter Subscription Minimum \$8.00 donation

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

Drop off or mail to: Erie County Senior Center  
620 E. Water Street  
Sandusky, Ohio 44870







**Free Senior Health Clinic**  
2<sup>nd</sup> and 4<sup>th</sup> Tuesday each month  
9:00 am – 11:00 am

Sponsored by Erie County Health Dept.

**Euchre Tournament**

June 12 12:45 pm

Prizes: First: \$5, Second: \$3, Third: \$2

Cost: \$2.00 to play



**Do You Use Facebook?**

Please visit  
***facebook.com/Erie County Senior Center***  
and click “like” at the top of our page.  
In return you will receive facebook updates on  
what’s happening at the Senior Center

**Beginners Yoga**

With Dana Mickens

Every Wednesday at 10:00 am

This is a light-hearted, gentle yoga experience with attention to safe alignment in either a chair or on a mat. Adaptable to various levels of ability.

With regular participation, you will be able to:

- Increase your flexibility, become stronger
- relieve stress, improve your balance

Participation is free!! Stop in and check it out.

*Erie County Senior Center  
and Grandma’s Backyard BBQ present:*

**Chicken BBQ**

Sunday, July 15

11:00 am – 2:00 pm

**\$10**

Dine-In or Carry-Out

- ½ Chicken
- Scalloped Potatoes
- Baked Beans
- Dinner Roll
- Lemonade (dine-in only)



Tickets available at the Senior Center  
Limited number of meals available at the door



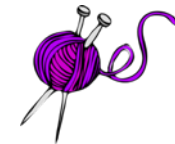
Model T car rides  
available for \$2



Kona Ice  
will be here

**Knitting / Crocheting  
Workshop**

Tuesdays: 10 – 11:30 am



- All skill levels welcome
- Learn a new skill
- Share ideas with other crafters





Senior Center  
**Thrift Shop**

**Father's Day Sale:** June 4 – 8

Men's jeans, dress shirts, t-shirts,  
coats, socks, shoes

**FLEA MARKET:** June 4 – 5

**Summer Sale:** July 2, 3, 5, 6

Men's & women's summer clothing & shoes

**Hours:**

**Monday:** 9:00 am – 2:00 pm

**Tues. – Fri:** 9:00 am - noon

The Erie County Duplicate Bridge Club, whose games are sanctioned by the American Contract Bridge League (ACBL) will be participating in the ACBL – wide Longest Day Games to raise funds for the Alzheimer Association. These games will take place on Monday, June 18 and Friday, June 22 at the Erie County Senior Center (620 E. Water St., Sandusky) starting at 12:30 p.m. each day. Bring a partner and join us to benefit Alzheimer's research.

Throughout that entire week, donations to the Alzheimer's Assn. will be also be accepted at the Senior Center front desk. Please make checks payable to "Alzheimer Association of NW Ohio".



**Bake Sale**

Monday, June 25  
9:00 am – noon



Sponsored by the Senior Center Auxiliary

**Senior Auxiliary Potluck**

Sunday, June 17  
1:00 pm

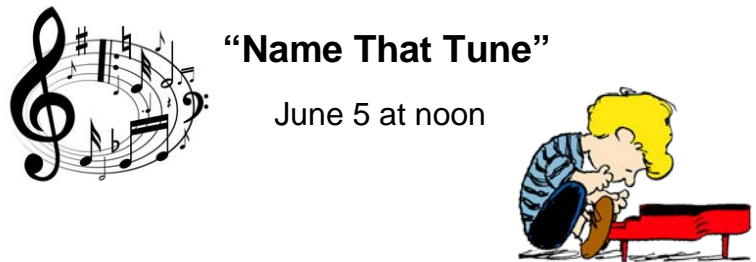
Have you ever considered joining the Auxiliary?  
Come to our potluck in April and find out more  
about what the Auxiliary does and how YOU can  
become involved

The **Senior Center Auxiliary** is looking for new members. Membership is open to adults of any age, male or female. The Auxiliary helps to brighten the lives of our senior citizens by providing programs, treats, bingo games, etc. at the Senior Center. It also assists in raising funds to help support the services offered by the Senior Center, such as "Meals-on-Wheels"

**Auxiliary Monthly Raffle** April Winners


Susie Minier  
George Smith  
Ed Todd






**“Name That Tune”**  
June 5 at noon


**Need Local Transportation?**  
The Sandusky Transit System offers transportation throughout Erie County for very low fares. Rides to and from the Senior Center are FREE of Charge!  
Call (419) 627-0740 to schedule a ride



**Bible Study**  
This informal group meeting takes place every Thursday morning at 10:00am at the Senior Center  
Please join us!




**Chair Exercise / Beach ball Volleyball**  
Get healthy & have fun all at the same time!  
Every Tuesday & Thursday at the Senior Center  
10:00 – 11:00 AM  
Come join in the Fun!




Join us for  
**Flag Day Trivia**  
June 8 at noon

**Scrabble Anyone?**  
If you are interested in playing scrabble let us know & we will get a group together

*You're Invited:*



Lunch at the Senior Center is open to everyone, there are no age restrictions.  
Hours: Monday – Friday 11:30 am – 12:15 pm  
Cost: \$3.50 donation if over age 60  
\$5.00 for all others





**Sandusky Bay Gift Shop**  
Located inside the Senior Center  
Large selection of 50 cent greeting cards, jewelry, gift items, snacks, & more.  
Hours: Mon – Fri 8:30 am – 1:00 pm



# June Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				1
<p><b>LUNCH SERVED:</b>  <i>Week days</i>  <b>11:30am. – 12:15pm.</b>  <i>Senior Donation \$3.50</i>  <i>All others \$5.00</i></p>	<p><b>For Reservations:</b>            (419) 626-2560 or            1-800-701-3221  <u>For meal content please</u>            contact the Senior Center</p>			Beef Hot dog Baked Beans Cabbage & Carrots Apple
4	5	6	7	8
BBQ Pork Pinto Beans Succotash Applesauce	Creamed Chicken Biscuit Corn Carrots Mixed Fruit	Meatball Sub Potato Wedges Green Beans Grapes	Chef Salad w/ chicken Macaroni Salad Peaches Roll	Beef Teriyaki Stir Fry Rice Green Beans Pears
11	12	13	14	15
Honey Lemon Chicken Baked Potato Stewed Tomatoes Cinnamon Applesauce	Beef Taco Salad Dinner Roll Mixed Fruit	Spaghetti / Meat Sauce Peas Zucchini & Summer squash Pears	Roast Turkey Breast Sweet Potatoes Corn Apple Cookie	Roast Beef Mashed Potatoes Carrots Peaches
18	19	20	21	22
Hamburger French Fries Broccoli & Cauliflower Peaches	Marinated Pork Loin Sweet Potatoes Peas Applesauce	Chicken Ceasar Salad Pasta Salad Pears Cookie	Chicken Patty Sandwich Baby Carrots Corn Banana	Stuffed Baked Potato w/ broccoli & cheese Baked Beans Cinnamon Applesauce
25	26	27	28	29
Beef & Bean Burrito Spanish Rice Corn O'Brien Mixed Fruit	Scrambled Eggs w/cheese Sausage Broccoli Hash Brown Fresh Orange	Shredded Chicken Sand. Scalloped Potatoes Irish Blend Veggies Grapes	Chicken Taco Salad Corn & Black bean salsa Apple Roll	Spaghetti & Meatballs Peas Cauliflower Applesauce

\*Milk & Dinner Roll (or bread) are served with each meal

9	10	11	12	13
CLOSED - COLUMBUS DAY	JOHNNY MARZETTI GREEN BEANS W/BABY CARROTS BREAD OR ROLL APRICOTS	OPEN FACE ROAST BEEF W/ GRAVY POTATO WEDGES BROCCOLI BREAD OR ROLL PLUM CHERRY CHEESECAKE	PEPPER STEAK W/ GRAVY DICED POTATOES PEPPER & ONIONS CAULIFLOWER AUGRATIN BREAD OR ROLL ORANGES & PINEAPPLE	SALMON CAKE MASHED POTATOES CREAMED PEAS COLE SLAW BREAD OR ROLL SUNSHINE PEACHES
16	17	18	19	20
BRATWURST W/ CHEESE SAUERKRAUT GERMAN POTATO SALAD BREAD OR ROLL CITRUS SECTIONS CHERRY SQUARE	BAKED PORK CHOP W/ SOUR CREAM GRAVY MASHED POTATOES GLAZED CARROT SLICES SPICED APPLE RINGS BREAD OR ROLL APRICOTS	CHICKEN THIGH TAVERN FRIES CALIFORNIA VEGETABLES CITRUS SLAW BREAD OR ROLL PEARS W/ RAISINS	BEEF TERIYAKI RICE BROCCOLI & GREEN BEANS BREAD OR ROLL MANDARIN ORANGES CHOCOLATE PUDDING	SWEDISH MEATBALLS IN GRAVY NOODLES GREEN BEANS W/ STEWED TOMATOES BREAD OR ROLL APPLE MUFFIN FRESH FRUIT
23	24	25 BIRTHDAY BINGO	26	27
ITALIAN SAUSAGE W/ GREEN PEPPERS & ONIONS DICED POTATOES W/ CHEESE STEWED TOMATOES SUB BUN PINEAPPLE	CHICKEN PAPRIKA POTATO PANCAKE W/ SOUR CREAM MIXED VEGS. W/ CARROTS BISCUIT APRICOTS	CITY CHICKEN W/ GRAVY MASHED POTATOES GARDEN PEAS BREAD OR ROLL FRESH FRUIT CAKE & ICE CREAM	GRILLED HAMBURGER W/ CHEESE POTATO WEDGES BOSTON BAKED BEANS BUN PINEAPPLE & ORANGES	CHICKEN TETRAZZINI W/ NOODLES KEY WEST VEGETABLES CITRUS SALAD BREAD OR ROLL PUDDING
30	31 HALLOWEEN			
HAWAIIAN HAM W/ PINEAPPLE SCALLOPED POTATOES LIMA BEAN BAKE BREAD OR ROLL MANDARIN ORANGES	WITCHES & DRAGON STEW W/ TADPOLE CARROTS CREEPY COLE SLAW BREAD OR ROLL BLOODY APPLES GRAVEYARD CAKE			

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